

# USSPC Grip Assembly Instructions

Grip glue type: USSPC Amber Glue

To be posted on a work shop wall for all Nordic ski pole assembly personnel.



## STEP 1:

Slide the grip below the top of the pole and insert glue to the inside and outside of shaft.

Note: use Cover top 3" of shaft with plenty of hot glue.



## STEP 2:

Next, insert pole mount. Then slide grip upwards, flush with pole mount.

Notes: 8cm of height is added to pole from grip & tip.



## STEP 3:

Drill pilot hole 1" down and centered on back. Be careful to not over-drill, keep 5/8" or less depth.

Use supplied screws for this process. We suggest a 7/64" drill bit for the pilot hole.

## APPLICATION REMOVAL

Submerge the entire grip into boiling water for about 1 minute.

Pull on the pole mount head and foam grip to remove.



Remove the screw on back of grip.

## STEP 1



## STEP 2:



## STEP 3:

## Resizing Poles Instructions

Keep the grip in boiling water to keep glue warm.

Please reference our [YouTube](#) video, USSPC Grip Assembly, for more information on the following, or visit our website at [www.uskipoles.com/videos](http://www.uskipoles.com/videos) :

- 1- Grip Removal
- 2- Grip Assembly
- 3- Rollerski Tips
- 4- Wedge Clamp & Straps

- 5- Biathlon Straps
- 6- Components & Colors
- 7- Pole Models
- 8- Company Trailer